


May

2014

Takoma Aquatic Center

Visit DPR.DC.GOV for more information

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Key: EBS- Edmund Burke School CCPCS – Capital City Public Charter School Swim PPCS – Paul Public Charter School WA: M&M – Water Aerobics: Mommy & Me L&L Society Swim	*Children's-Level 1 5-5:30pm Children's-Level 2 5:45-6:15pm Children's-Level 3 6:30-7:15pm *Adults-Level 1 6-6:30pm Adults-Level 2 6:45-7:15pm Adults-Level 3 7:30-8:15pm	*LI Water Aerobics – Low Impact Water Aerobics Senior Shallow- Senior Shallow Water Aerobics DWA- Deep Water Drills and Skills Buns,Legs,and Tummy Water Aerobics SocaWA-Soca Water Aerobics WA: A&G – Abs & Glutes AWA – Adaptive Water Aerobics		¹ LI Water Aerobics 9am-10am DC Wave 6:00-8:00pm DCAC 7:30-9:00pm	² UDC Senior Body Wise 10-11:00am CCPCS 11:30am-2:00pm PPCS 4:00pm-5:00pm DC Wave 6:00-8:00pm FGAC 7:30-8:30pm	³ Learn to Swim: Parent and Child (A) 10:00am-10:30am Learn to Swim: Parent and Child (B) 10:45am-11:15am Learn to Swim: Parent and Child (C) 11:30am-12:00pm AWA 12:00-1:00pm Diving 12:30-1:30pm
⁴ DCAC 9:30-11:00am WA: M&M 10:00-11:00am	⁵ Registration Day Learn to Swim: Seniors Levels 1-2 9:30am-10:45am Learn to Swim: Adult Levels 1-3 6:00pm-8:15pm DC Wave 6:00-8:00pm Wetskins Water Polo 7:30-9:00pm	⁶ Senior Shallow 10:00-11:00am DWA 11:00-12:00pm Learn to Swim: Children Level 1-3 5:00-7:15pm DC Wave 6:00-8:00pm WA: A&G 7:30-8:30pm DCAC 7:30-9:00pm	⁷ UDC Senior Body Wise 10-11:00am Learn to Swim: Seniors Levels 1-2 9:30am-10:45am PPCS – 4:00-5:00pm Learn to Swim: Adult Levels 1-3 6:00pm-8:15pm DC Wave 6:00-8:00pm Wetskins Water Polo 7:30-9:00pm	⁸ LI Water Aerobics 9am-10am DWA 11:00-12:00pm Learn to Swim: Children Level 1-3 5:00-7:15pm DC Wave 6:00-8:00pm WA: A&G 7:30-8:30pm DCAC 7:30-9:00pm	⁹ UDC Senior Body Wise 10-11:00am CCPCS 11:30am-2:00pm PPCS 4:00pm-5:00pm DC Wave 6:00-8:00pm FGAC 7:30-8:30pm	¹⁰ DC Wave 9am-12:30pm Learn to Swim: Parent and Child (A) 10:00am-10:30am Learn to Swim: Parent and Child (B) 10:45am-11:15am Learn to Swim: Parent and Child (C) 11:30am-12:00pm AWA 12:00-1:00pm Diving 12:30-1:30pm
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